

# Address SDoH with Medecision

## The right combination to deliver value-based care.

Addressing Social Determinants of Health (SDoH) makes financial sense. In the United States, the majority of healthcare is consumed by a relatively small percentage of the population. Within this population, at-risk individuals with multiple chronic illnesses lack proper housing, good food, employment, access to proper healthcare and safe living conditions. While these social determinants of health may be non-medical, they complicate and make addressing medical issues more complex. They create barriers to effectively achieve optimum outcomes while driving up costs for health plans and providers.

For at-risk populations, effectively addressing medical issues often starts with identifying and providing non-medical solutions. By looking at the holistic risk as well as the medical risk to the member, care teams can create more effective treatment plans, resulting in better outcomes, lower utilization and reduced costs.

### Expose gaps in care that indicate the SDoH faced by patients.

With Medecision, clinicians, physicians and caregivers can access an actionable, complete, 360° picture of a patient's health in near-real-time and in a format easily shared across extended care teams. This comprehensive view allows them to see historical information and spot patterns, including breaks in a care plan caused by SDoH. Identifying those gaps prompts care providers to have conversations with patients to understand the non-medical issues that may stand in the way of optimum health. These conversations can lead to meaningful interventions.

### Integrating data, integrating a better level of care with Medecision.

Addressing SDoH is a daunting and complex task. Helping patients through difficult life situations and back on the road to better health requires compassion and insight. Access to data, consistently and effectively delivered, provides caregivers that insight. The more information is shared and care is coordinated across medical, behavioral and community-based providers, the greater the chance of identifying and implementing real solutions that improve the health and lives of patients.

### Medecision enables you to:

1. Gain insights into the broader picture of a patient's health. Clinicians, physicians and caregivers can form clear assessments and develop meaningful interventions.
2. Expose gaps in care caused by SDoH. It opens the conversation about non-medical life situations and focuses attention on removing barriers to good health.
3. Lower utilization rates and reduce costs by addressing gaps in care caused by SDoH.
4. Deploy real-time documentation of patient care.
5. Enhance care management, improve patient engagement and maximize efficiency.

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